

RULES OF THE GIBSON McCOOK RELAYS

1. The meet shall be called the GIBSON McCOOK RELAYS.
2. Control of the meet shall be vested in the GIBSON McCOOK RELAYS ORGANIZING COMMITTEE.
3. Entries are by invitation only. Each member of a competing team must be a bonafide student or member of the invited institution, and be registered to participate in the event.
4. Entries must be submitted on or before the last Saturday in January of the year of the meet.
5. In school events, the age limits and all other regulations governing competition in High School boys, High School girls, Preparatory and Primary schools, shall be determined in a similar manner as they affect these various competitions.
6. Any violation of the above regulations will result in the withholding of an invitation to the defaulting institution from participation in this annual meet for a period of time.
7. Any action that brings the event into disrepute will result in the withdrawal of accreditation.
8. Except as provided for in these rules, the rules of the IAAF shall apply.
9. Coaches must produce a valid photo ID to collect their team's package.
10. Athletes must have their numbers affixed to both the front and rear of the vest. They must also wear a Gibson McCook Relays wristband for access to the Bleachers, Warm-up Area, and Competition Area.
11. Each team official must wear a Gibson McCook Relays wristband for access to the bleachers and warm-up area.
12. Each member of a competing team will be similarly attired in the colours of the institution or club.
13. No part of a competitor's vest properly tucked into his/her shorts must be removed during or immediately after competition. Athletes guilty of this offence will automatically have their team disqualified.
14. The names provided to the Organizing Committee are the only names allowed to compete in the particular relay event.
15. Final changes to the list of participating athletes must be made by the Wednesday prior to the meet. No substitutions will be allowed on the day of the meet, except for medical reasons as stated in rule #16.

16. If a competitor who has taken part in the heats of a relay can take no further part in the meet due to illness or injury as certified by the Meet Medical Director or Designate, a substitute will be allowed.
17. The teams running the fastest eight times in the heats of each event will compete in the finals.
18. Each team that makes the finals must collect a relay card from the marshalling desk, complete same, and return the completed card to the marshalling desk at least one hour prior to the finals.
19. Competitors will warm up on the field outside the stadium and will be brought into the stadium when their event is about to take place. Except for competitors of Institutions and Clubs, no sweatsuits or parts thereof are allowed inside the competition areas unless specifically permitted by the Chief Call Room Judge.
20. The placing of teams in lanes for the heats will be decided by numerical order in the programme. Lane placement in the finals will be decided by draw of the eligible finalist teams, made by representatives of the controllers of the meet.
21. In the event of similar times being recorded by teams in the same or separate heats of an event, thereby causing more than eight finalists, the team with the highest position in their heat will go to the finals. Should the times and positions be similar in separate heats, a draw will be made by the representatives of the controllers of the meet to decide which team will run in the final.
22. Any individual or member of a relay team guilty of a false start will be automatically disqualified.
23. A protest or objection against the conduct or placing of a team shall be made to the referee of the meet by the representative of the protesting team within thirty (30) minutes after the official result has been announced (IAAF Rule 146.2). If the protesting team is not satisfied, the protest can then be taken to the Jury of Appeal, along with a required deposit of One Thousand Jamaican Dollars (J\$1,000). The resulting decision of the Jury of Appeal shall be final.
24. Only officials or competing athletes under the direction of marshalls are allowed on the field.
25. Teams declared as 1st, 2nd, and 3rd place must make themselves available for medal presentations within ten (10) minutes after completion of the event.
26. Failure to comply with any of the rules of this meet will result in disqualification.